

# A Recessive Mutation Resulting in a Disabling Amino Acid Substitution (T194R) in the LHX3 Homeodomain Causes Combined Pituitary Hormone Deficiency

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## Key Words

Growth • Transcription • LIM • Development • Pediatric patients

## Abstract

**Background/Aims:** Recessive mutations in the *LHX3* homeodomain transcription factor gene are associated with developmental disorders affecting the pituitary and nervous system. We describe pediatric patients with combined pituitary hormone deficiency (CPHD) who harbor a novel mutation in *LHX3*. **Methods:** Two female siblings from related parents were examined. Both patients had neonatal complications. The index patient had CPHD featuring deficiencies of GH, LH, FSH, PRL, and TSH, with later onset of ACTH deficiency. She also had a hypoplastic anterior pituitary, respiratory distress, hearing impairment, and limited neck rotation. The *LHX3* gene was sequenced and the biochemical properties of the predicted altered proteins were characterized. **Results:** A novel homozygous mutation predicted to change amino acid 194 from threonine to arginine (T194R) was detected in both patients. This amino acid is conserved

in the DNA-binding homeodomain. Computer modeling predicted that the T194R change would alter the homeodomain structure. The T194R protein did not bind tested *LHX3* DNA recognition sites and did not activate the  $\alpha$ -glycoprotein and *PRL* target genes. **Conclusion:** The T194R mutation affects a critical residue in the *LHX3* protein. This study extends our understanding of the phenotypic features, molecular mechanism, and developmental course associated with mutations in the *LHX3* gene.

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## Introduction

Development of the hormone-secreting cells of the human anterior pituitary gland requires the coordinated actions of regulatory genes that encode signaling pathway components and transcription factors leading to the subsequent expression of specialized genes that establish the differentiated character of the cells [1–4]. Within these regulatory genes, inherited and de novo mutations in those encoding transcription factors have been associat-

ed with pediatric diseases including both isolated hormone deficiencies and combined pituitary hormone deficiency (CPHD) diseases. Critical pituitary transcription factors include the HESX1, ISL1, LHX3, LHX4, PAX6, PIT-1 (*POU1F1* gene), OTX1, PITX1, PITX2, PROP1, SIX3, and SIX6 proteins that possess structurally related homeodomain tertiary structures that interact with target *cis* DNA elements in the promoters and enhancers of pituitary genes [1–4].

LHX3 is a member of the LIM-homeodomain (LIM-HD) subfamily of transcription factor proteins that are characterized by two amino terminal LIM domains (cysteine-rich structures that are important for protein-protein interactions) and a centrally-located DNA-binding homeodomain [5]. Biochemical studies have shown that LHX3 can activate pituitary genes encoding transcription factors, hypothalamic signal receptors, and hormones [e.g. 5–7], placing the *LHX3* gene in an early regulatory position involved in the determination and differentiation of all five pituitary cell types [reviewed in 4]. During embryogenesis, the *LHX3* gene is expressed in the embryonic brain, spinal cord and Rathke's pouch, an early structure in pituitary development; expression is also detectable in the adult pituitary gland [5, 8–10]. Mice with inactive *Lhx3* genes die shortly following birth of presumptive nervous system deficiencies and have poor structural pituitary development with an associated absence of four of the differentiated cell types and only a minimal population of ACTH-producing corticotropes [11]. By contrast, mice lacking only the carboxyl terminus of the protein are viable but have anterior pituitary deficits causing dwarfism, female infertility, and thyroid insufficiency [12].

Patients who are homozygous for the known rare, recessive mutations in the *LHX3* gene have CPHD with deficiencies in GH, PRL, TSH, LH, and FSH. Other syndromic symptoms associated with these patients can include normal, hypoplastic, or enlarged anterior pituitaries, a rigid spine with limited neck rotation, hearing loss, and ACTH deficiency [13–18]. The endocrine deficits associated with CPHD can result in short stature, metabolic defects, failure of puberty, and other symptoms resulting from pituitary gland inaction. There appears to be a structure/function relationship between the predicted changes that the observed mutations cause, and the resulting disease. Mutations that compromise the overall function of the gene or protein and mutations affecting the LIM domains or the homeodomain appear to result in syndromes involving both the endocrine (CPHD) and nervous (limited neck rotation, possible deafness)

systems. By contrast, the carboxyl terminus of LHX3 proteins appears to have roles that are limited to pituitary development and function: mutations affecting only this domain in both human patients and engineered animal models are associated with pituitary diseases without any apparent nervous system deficits [12, 17].

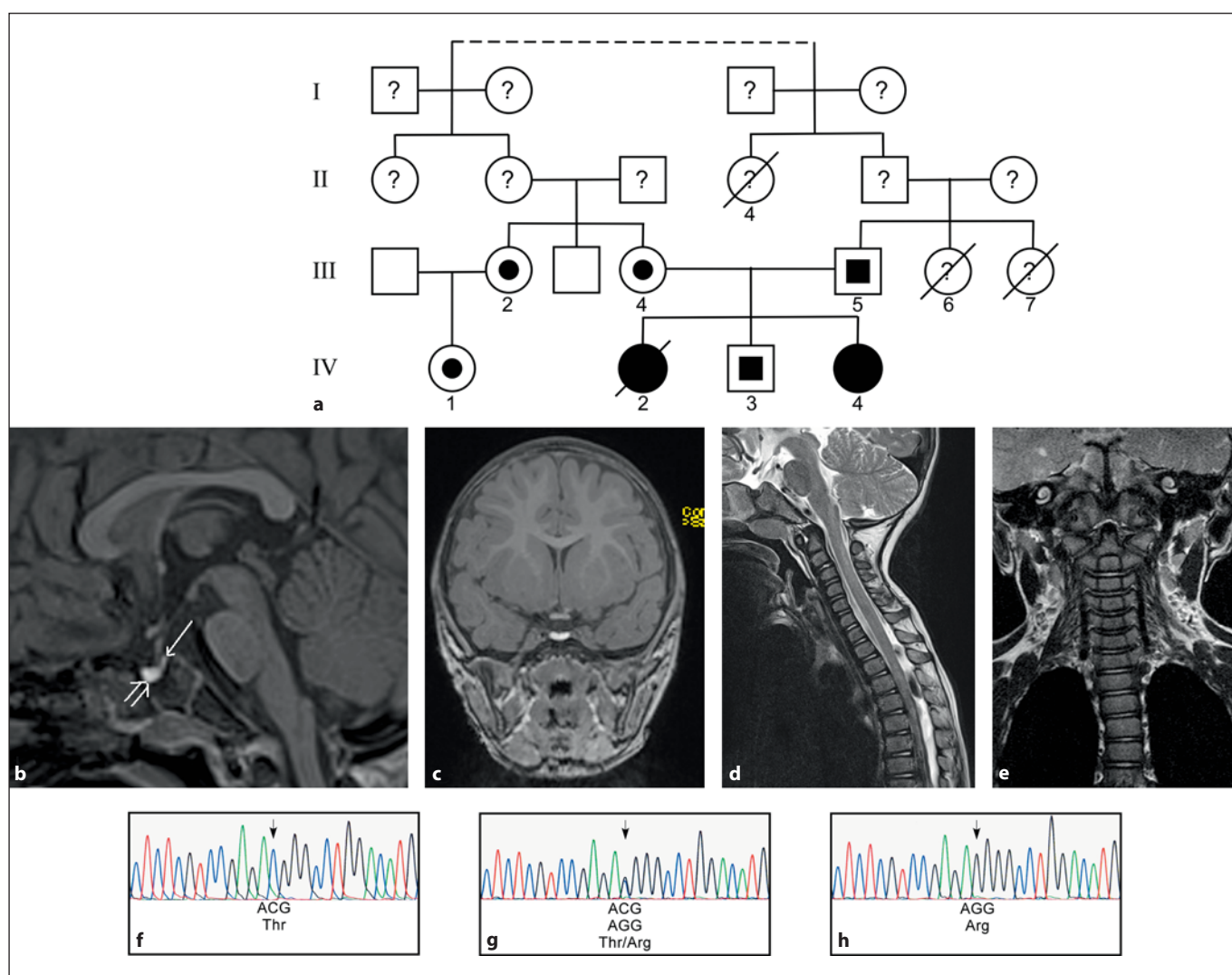
In this study, we describe CPHD patients with a syndrome including GH, LH, FSH, PRL, and TSH deficiency, evolving onset of ACTH deficiency, hypoplastic anterior pituitary morphology, respiratory distress, hearing impairment, and limited neck rotation. These patients harbor a novel *LHX3* mutation that causes substitution of a conserved, critical amino acid in the homeodomain (T194R) that abrogates DNA-binding and pituitary gene activation in molecular analyses.

## Patients and Methods

### Patients

Two female siblings were examined at the University Children's Hospital in Munich, Germany. Both developed respiratory distress combined with hypoglycemia shortly after birth. The first child of the family (patient IV2, fig. 1a) was born full term at 41 + 1 weeks to a 29-year-old mother originating from India. The family reported that there is a common connection four or five generations back (fig. 1a). She was delivered by caesarean section for breech presentation and pathological cardiotocography. Apgar was 8/9/10, umbilical cord pH was 7.35. Birth weight and length corresponded to the 3rd percentile (table 1). At the age of 20 h, she started to breathe irregularly, and a cardiopulmonary resuscitation was necessary 1 h later. After intubation, a low blood glucose was present. Neonatal screening (i.e. detection of more than 30 inborn errors of metabolism, TSH, 17-hydroxyprogesterone) was normal; however, TSH levels were retrospectively not detectable. On echocardiography she had a large patent ductus artery and small atrial septal defect. She developed a severe edema of the brain, recurrent seizures, and no spontaneous movements. She died at the age of 20 days of cardiorespiratory insufficiency. With consent, fibroblasts were preserved, and genomic DNA was later extracted.

The index patient (patient IV4, fig. 1a) was a full-term infant of 37 + 1 weeks, born by caesarean section due to premature labor. By that time, her mother was 32 years old (G3P3). At birth, her Apgar was 9/8/9, umbilical cord was pH 7.29, and weight was 2,501 g (9th percentile). Postnatally, patient IV4 showed signs of respiratory distress. After 48 h, an intubation was required. A chest X-ray revealed bilateral alveolar infiltrates, a grade 3 respiratory distress syndrome. Surfactant was administered to the patient, and she began to improve. Four days later, she was extubated without any difficulties. After 3 more days, no further artificial respiration was required. Her examination showed a large anterior and posterior fontanel, prominent eyes, short neck, rigid spine, failure to thrive, sucking weakness, hypoglycemia, and neonatal jaundice. She was completely tube fed until the 9th day of life. Afterwards, additional tube feeding was still necessary due



**Fig. 1.** DNA analysis reveals a homozygous mutation in the *LHX3* gene in patients with CPHD. **a** Pedigree of the affected family. Filled symbols indicate patients with homozygous genotype. Half-filled symbols denote heterozygous individuals. A line through a symbol indicates that the subject is deceased. The dotted line indicates a family connection four or five generations back from the index patient (IV4). **b** A 3-Tesla MRI of patient IV4 reveals an absent or severely hypoplastic anterior pituitary gland. The anterior part of the sella is filled with a cystic structure with high signal intensity in non-enhanced T<sub>1</sub>-weighted sequence

(open arrow) and a reduced signal intensity in T<sub>2</sub>-weighted sequences (not shown), most likely corresponding to a cyst with high protein content. The posterior pituitary gland is found in an orthotopic location (arrow). **c** Coronal view. **d, e** A T<sub>2</sub>-weighted sequence of the cervical spine demonstrates a reduced cervical lordosis with slight kyphosis of the vertebral bodies in segment C2 to C5. **f–h** DNA sequencing reveals a C to G mutation in the *LHX3* gene altering a threonine (Thr) to an arginine (Arg) (**f** control; **g** III4 (mother of patient IV4 with heterozygous genotype); **h** patient IV4).

to sucking weakness. She developed recurrent hypoglycemia without symptoms despite nutritional supplements such as maltodextrin. The overall weight gain was poor.

Endocrine diagnostics of patient IV4 on day 3 showed a TSH below the detection limit consistent with central hypothyroidism (table 1), thyroxin levels were also low (0.005 nmol/l), therefore thyroid replacement was started on day 5 of life. Further tests of

the hypothalamic-pituitary axis were performed on day 14 and revealed GH (<0.1 ng/ml), IGF-I (<25 µg/l), PRL (17.5 nmol/l), LH (<0.1 mU/ml) and FSH (0.2 mU/ml) deficiencies together with a cortisol (0.075–0.44 µmol/l) in the low normal range (table 1). ACTH levels were within normal limits. She was started on GH treatment on day 17. At the age of 4 months, LH and FSH were re-evaluated and showed the same results as in the newborn age. At

**Table 1.** Clinical data for patients with the T194R *LHX3* mutation at newborn age

Patient	Gestational age weeks	Birth length cm (SD)	Birth weight g (SD)	Age at manifestation, h	Basal PRL nmol/l [44–213]	Basal TSH* $\mu$ U/ml [0.7–15.2]	Basal GH ng/ml [>7]	Basal cortisol $\mu$ mol/l [0.14–0.55]	Basal ACTH pmol/ml [2.2–11]	Basal LH mU/ml [0.1–7.7]	Basal FSH mU/ml [0.1–13]
IV2	41+1	48 (–1.7)	2,800 (–2.0)	20	N/A	0	N/A	N/A	N/A	N/A	N/A
IV4	37+1	45 (–2.1)	2,501 (–1.7)	48	17.5	0	<0.1	0.075	7.68	<0.1	0.2

Age-adjusted normative data are in square brackets.

SD = Standard deviation (according to the normative Swiss data of Prader et al. [33]); N/A = not available.

\* TSH levels from neonatal screening.

the age of 1 year, the patient developed an addisonian crisis, and detected ACTH levels were low by that time (1.32 pmol/l) as well as cortisol (<0.006  $\mu$ mol/l).

A recent brain MRI at the age of 1.5 years revealed the presence of an absent or severely hypoplastic anterior pituitary and orthotopic posterior pituitary that may be enlarged with a lipoid cyst (fig. 1b). MRI of the cervical spine showed normal alignment and configuration of the cervical spine without any apparent structural abnormalities with a loss of cervical lordosis. In addition, there was impaired cervical rotation limiting movement of the patient's neck to approximately 35° to each side. A brainstem-evoked response audiometry test was negative for both ears. Hearing impairment was confirmed recently at the age of 1.5 years.

#### DNA Analysis

The array of hormone deficiencies and the associated impaired cervical rotation suggested that patient IV4 may have a mutation in the *LHX3* transcription factor gene. After obtaining informed consent, blood samples were collected, including also from first-degree relatives whenever possible. The seven exons of *LHX3* were amplified by PCR and sequenced with the ABI PRISM Big Dye Terminator v3.1 Ready Reaction Cycle Sequencing kit (Applied Biosystems, Foster City, Calif., USA). Electrophoresis was performed on an ABI PRISM 3130 Genetic Analyzer (Applied Biosystems).

#### Plasmid Construction and in vitro Transcription/Translation

Human *LHX3* cDNA expression plasmids have been described [7, 19]. The T194R mutation was introduced using the QuikChange® kit (Stratagene/Agilent, La Jolla, Calif., USA) with the following oligonucleotide primers: 5'-agctctcgctccgagggg-cctgg-3', 5'-ccaggccctctcgacgagagct-3'. Radiolabeled wild-type (WT) and mutant proteins were synthesized in vitro from transcribed cDNAs using TNT rabbit reticulocyte lysate reagents (Promega, Madison, Wisc., USA) and <sup>35</sup>S-methionine as described [20]. Proteins were analyzed by electrophoresis in 12% acrylamide gels followed by fluorography as described [21]. Dried gels were imaged with a Storm phosphorimager (Amersham Biosciences, Piscataway, N.J., USA) or BioMax MR X-ray film (Kodak, Rochester, N.Y., USA).

#### Homology Structural Modeling

Homology structural modeling of the *LHX3* homeodomain was performed following methodology described previously [21].

Briefly, the *LHX3* homeodomain amino acid sequence was screened against the PDB database using BLAST-p. Among all the possible templates, the 1HDD file corresponding to an engrailed homeodomain DNA complex at 2.8 Å resolution [22] was selected as the best suitable (BLAST score  $1e^{-8}$ ) displaying homology higher than 50% (46% identity). The raw *LHX3* homeodomain sequence was structurally aligned to the 1HDD, subjected to energy minimization and evaluated with ANOLEA, as described [21]. The accepted model of each homeodomain was docked into the DNA structure of the 1HDD protein-DNA complex structure. The T194 residue of the *LHX3* model was changed to arginine (R). All the rotamers for this residue were tested to find putative contacts with other amino acids in the homeodomain structure. The resultant 3D PDB files were exported to pov format and rendered using PovRay 3.62 to obtain high-quality pictures.

#### Electrophoretic Mobility Shift Analysis

Electrophoretic mobility shift assays (EMSA) were performed using radiolabeled DNA probes representing the pituitary glycoprotein basal element of the  $\alpha$ -glycoprotein subunit ( $\alpha$ GSU) gene promoter or the *LHX3* consensus-binding site as described [23]. Proteins for EMSA were generated by in vitro translation as described above except that cold amino acids were substituted for <sup>35</sup>S-methionine. Results were visualized by autoradiography or using a phosphorimager.

#### Luciferase Assays

Mouse pituitary GHFT1 cells were a gift from Dr. Pamela Mellon (University of California, San Diego, Calif., USA). GHFT1 cells were cultured and transfected as described [20]. Luciferase activity was measured 48 h after transfection [20, 24]. All assay points were performed in triplicate. Total cell protein was determined by the Bradford method (BioRad, Hercules, Calif., USA), and luciferase activity was normalized to protein concentration.

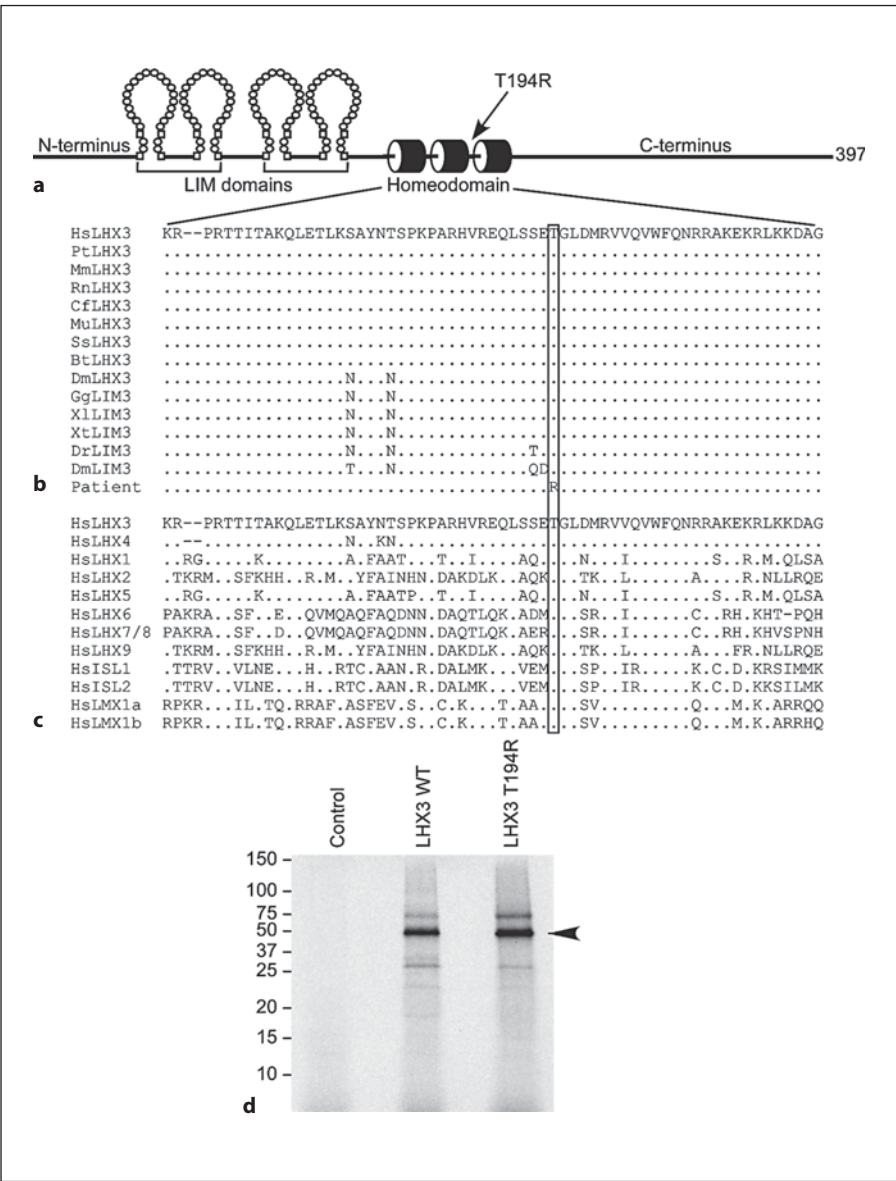
## Results

#### Patient Gene Analysis

Genomic sequencing of patients IV2 and IV4 revealed a homozygous C→G transversion mutation in the fourth coding exon of the *LHX3* gene (fig. 1a, h). The clinically



**Fig. 2.** A point mutation in the *LHX3* gene causes a T194R amino acid substitution in the homeodomain. **a** Diagram of the key domains of the 397-amino-acid human LHX3a protein. N-terminus = Amino terminus; C-terminus = carboxyl terminus. **b** Sequence analyses demonstrate that T194 is conserved in LHX3/LIM3 proteins. Alignments of the homeodomain primary amino acid sequence are shown. Dashes denote gaps introduced to optimize alignments; dots denote amino acid identity at that position; the box shows the equivalent amino acids for T194. Comparisons are of human (HsLHX3) to chimpanzee (PtLHX3), rhesus macaque (MmLHX3), rat (RnLHX3), dog (CfLHX3), mouse (MuLHX3), pig (SsLHX3), cow (BtLHX3), opossum (DmLHX3), chicken (GgLIM3), *Xenopus laevis* (XlLIM3), *Xenopus tropicalis* (XtLIM3), zebrafish (DrLIM3), *Drosophila melanogaster* (DmLIM3), and the patient. **c** The threonine at position 194 in LHX3 is conserved in human LIM-HD class transcription factor proteins. Alignments of the homeodomain primary amino acid sequence are shown. Dashes denote gaps introduced to optimize alignments; dots denote amino acid identity at that position; the box shows the equivalent amino acids for T194. **d** Generation of radiolabeled WT and T194R LHX3 proteins from cDNA expression vectors by in vitro transcription/translation using rabbit reticulocyte lysates in the presence of <sup>35</sup>S-methionine. Labeled products were separated by SDS electrophoresis and dried gels were visualized by fluorography. The migration positions of protein standards (in kDa) are shown. Control = Reaction from a lysate programmed with empty vector (negative control).



unaffected parents (III4 and III5), a brother (IV3), an aunt (mother's sister, III2) and a first cousin (IV1) were heterozygous for the mutation (fig. 1a, g).

#### The Mutation Causes Alteration of a Conserved Amino Acid in the Homeodomain

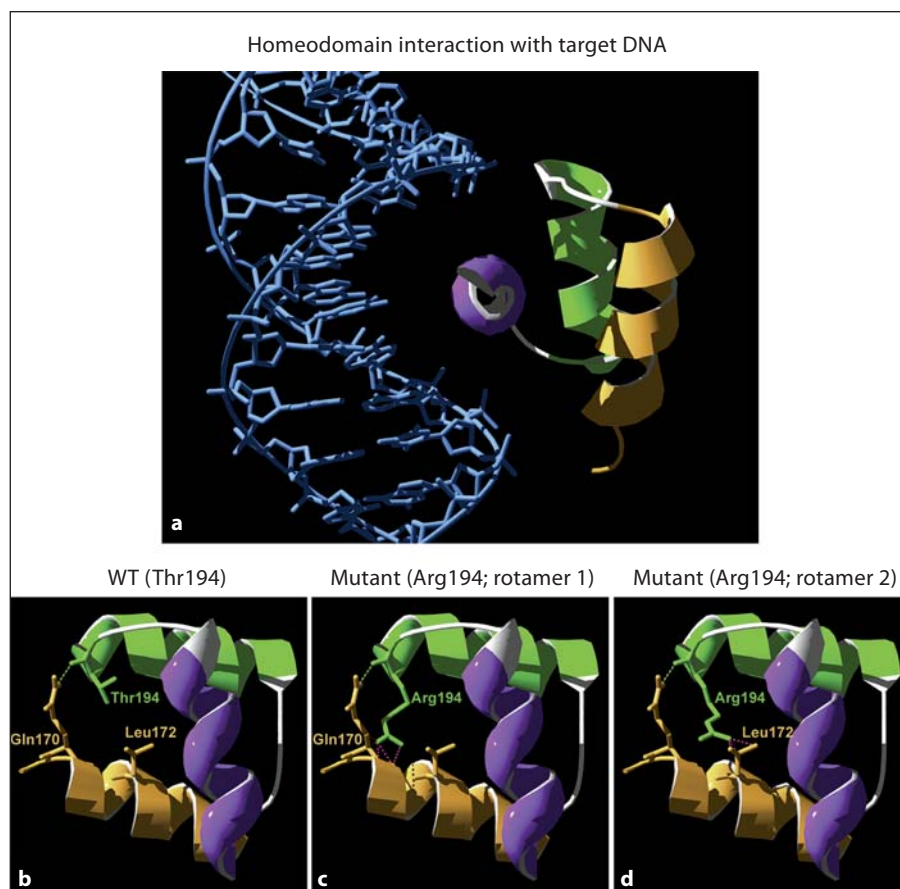
The detected mutation changes a threonine amino acid at position 194 (T194) of the LHX3a protein to an arginine residue, a non-conservative biochemical substitution (T194R). The threonine at position 194 is located in the homeodomain which mediates LHX3 transcription factor interactions with target DNA sequences (fig. 2a). This

threonine is entirely conserved in LHX3/LIM3 proteins in mammals, birds, amphibians, fish, and insects (fig. 2b). Further, the equivalent position is also a threonine in each of the human LIM-HD transcription factor proteins (fig. 2c), suggesting that it plays a critical role in the homeodomain of this class of developmental regulators. In vitro transcription/translation of radiolabeled WT and T194R human LHX3a proteins produced full-length protein products that migrated in electrophoresis in accord with their predicted molecular sizes (fig. 2d).

In order to explore the possible effect of the mutation-caused amino acid substitution in the LHX3 homeodo-

**Fig. 3.** Structural prediction of LHX3 homeodomain/DNA interaction. A model of LHX3 interaction with target DNA was performed using the engrailed homeodomain/DNA complex as a template [22].

**a** Ribbon model of WT LHX3 homeodomain/DNA showing the three  $\alpha$ -helices in orange (helix 1), green (helix 2) and purple (helix 3). **b** Predicted WT LHX3 homeodomain with a threonine at position 194 (Thr194). **c, d** Predicted T194R LHX3 homeodomain with an arginine at position 194 (Arg194). Twenty-six different rotamers for this residue are possible. In all cases, except rotamer 21, these result in steric hindrances with other amino acids (mainly with glutamine 170 [Gln170] and leucine 172 [Leu172]). The figure shows two of the R194 rotamers (green side chains) that destabilize the tertiary structure by causing steric hindrance (purple dotted lines) with glutamine 170 and leucine 172 (orange side chains).



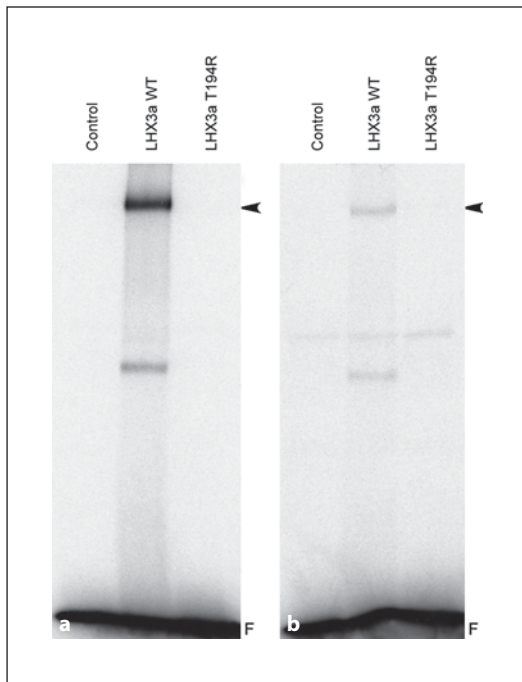
main, we first made a bioinformatic structural prediction using the LHX3 homeodomain amino acid sequence. A model predicting LHX3 interaction with target DNA was performed, using the engrailed homeodomain/DNA complex structure [22] as a template. The LHX3 homeodomain is composed of three predicted  $\alpha$ -helix motifs in a helix-turn-helix structure (fig. 3a). In the 3D model predicted for the WT protein, T194 is located at the end of the second  $\alpha$ -helix (green in fig. 3), and it contributes to stabilize the tertiary structure of the homeodomain by establishing a predicted hydrogen bond with a glutamine (Q170) residue located at the beginning of the first  $\alpha$ -helix (fig. 3b). When T194 is mutated to arginine, the hydrogen bond with the glutamine 170 amino acid is maintained. However, from the 26 possible predicted rotamer structures for an arginine residue at position 194 (194R), 25 predictions result in steric hindrances, mainly with Q170 and a nearby leucine (L172) (fig. 3c, d), suggesting that these steric hindrances may destabilize the helix-turn-helix tertiary structure, thereby reducing DNA-binding and gene activation.

#### DNA-Binding Properties of T194R LHX3

To test DNA binding, WT and T194R LHX3 proteins were generated in vitro and DNA binding was studied by EMSA analysis using radiolabeled LHX3-binding sites. Whereas WT LHX3 bound to probes representing the LHX3 consensus-binding site [23] or the  $\alpha$ GSU promoter pituitary glycoprotein-binding element, T194R LHX3 did not interact with these sites (fig. 4a, b).

#### T194R LHX3 Does Not Activate Tested Pituitary Target Genes

To examine the ability of the T194R LHX3 protein to activate pituitary genes, LHX3 expression vectors were cotransfected with a  $\alpha$ GSU promoter reporter gene into pituitary GHFT1 cells. WT LHX3a activated the  $\alpha$ GSU promoter, while T194R LHX3 did not (fig. 5a). To test a different type of pituitary promoter, the *prolactin* (PRL) promoter/enhancer also was investigated. LHX3 alone is a moderate activator of PRL transcription, but in combination with the PIT-1 pituitary transcription factor, the

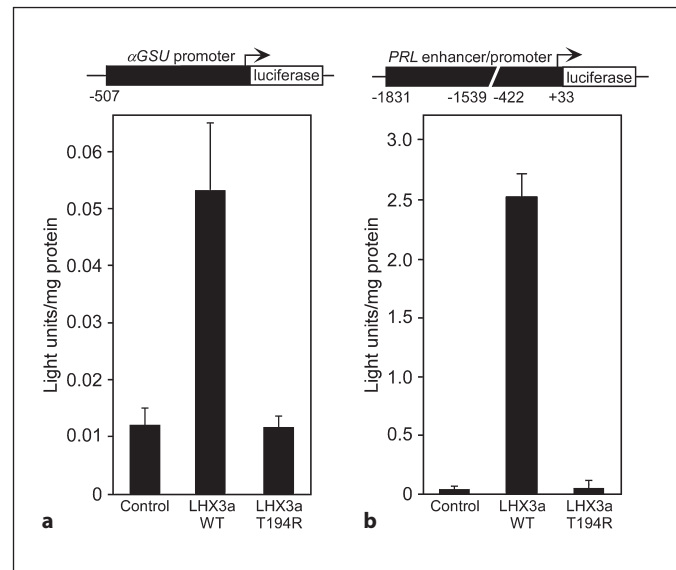


**Fig. 4.** The LHX3 T194R protein does not bind to LHX3 DNA recognition elements. EMSA experiments were performed using the WT or T194R LHX3 proteins translated in vitro in rabbit reticulocyte lysates and radiolabeled probes representing the LHX3 consensus-binding site [23] (a) or the  $\alpha$ GSU promoter pituitary glycoprotein-binding element (b). Unprogrammed lysates were used as negative controls (Control). The LHX3/DNA complexes are denoted by arrowheads. F = Free probe.

effects are synergistic [5, 7]. The GHFT1 cells contain some endogenous PIT-1. As for  $\alpha$ GSU, WT LHX3 activated the PRL reporter gene, but T194R LHX3 was inactive (fig. 5b).

## Discussion

We have characterized a novel mutation (T194R) in the human *LHX3* transcription factor gene that is associated with a syndrome featuring CPHD (GH, PRL, FSH, LH deficiency and later onset of ACTH deficiency), limited neck rotation, pituitary structural defects including a hypoplastic anterior lobe and a cystic structure within the anterior sella, respiratory distress, and sensorineural hearing loss. In addition, patient IV2 had cardiac defects including a patent ductus artery and an atrial septal defect. It is hard to determine whether these cardiac problems are associated with the T194R *LHX3* mutation; or



**Fig. 5.** The LHX3 T194R protein is unable to activate pituitary target genes. **a** Expression vectors for WT and T194R LHX3 proteins were transiently cotransfected into mouse pituitary GHFT1 cells with a *luciferase* reporter gene under the control of the  $\alpha$ GSU promoter. Promoter activity was assayed by measuring luciferase activity 48 h after transfection. Negative controls (Control) received equivalent amounts of empty expression vector plasmid. Activities are mean (light units/10  $\mu$ g total protein) of triplicate assays  $\pm$  SEM. A representative experiment of at least three experiments is depicted. **b** Similar experiments to those depicted in **a** were performed using a *prolactin* (PRL) promoter/enhancer reporter gene.

because the parents are distantly related, the cardiac defects could represent a second genetic defect. The observation of cystic structure within the anterior part of the sella is a new finding for *LHX3* patients but may be related to other observations of uncharacterized pituitary masses in *LHX3* patients [e.g. 13, 15].

*LHX3* gene mutations are comparatively rare [17], and their phenotypic outcomes are likely dependent on several parameters including the nature of the result of the mutation and the genetic background of the affected families. The family described in this report has several reported cases of infant deaths (patients II4, III6, III7 in fig. 1a), suggesting that if these patients carried homozygous T194R mutations, in the absence of successful medical intervention, the T194R mutation is a relatively severe mutation that can be lethal without patient treatment. Perinatal mortality has been reported in other families with *LHX3* gene mutations that are predicted to disable protein function [e.g. 13, 17].

**Table 2.** Recessive mutations in the human *LHX3* gene causing CPHD

	p.Y111C (Netchine et al. [16], Rajab et al. [18])	23-bp deletion (Netchine et al. [16], Rajab et al. [18])	g.159delT (Bhangoo et al. [13])	p.A210V (Pfäffle et al. [17])	p.E173Ter (Pfäffle et al. [17])	p.W224Ter (Pfäffle et al. [17])
Hormone deficiencies reported	GH, TSH, PRL, LH, FSH	GH, TSH, PRL, LH, FSH	GH, TSH, PRL, LH, FSH	GH, TSH, PRL, LH, FSH (ACTH sometimes low)	GH, TSH, PRL, LH, FSH (ACTH low)	GH, TSH, PRL, LH, FSH
Anterior pituitary morphology	Hypoplastic	Enlarged	Hypointense pituitary lesion	Enlarged	Hypoplastic	Normal
Neck rotation	Limited	Limited	Limited	Limited	Limited	Normal
Hearing deficiencies	Moderate to mild sensorineural hearing defect	Completely deaf	Not reported	Not reported	Not reported	Not reported
Mental/learning deficiencies	Not reported	Extreme mental retardation	Some mental retardation	Not reported	Not reported	Not reported
Location of mutation	Missense mutation within exon 3	Deletion affecting exon 3 and splice-donor site	Deletion in exon 2	Missense mutation in exon 5	Complex mutation in exon 3	Nonsense mutation in exon 5
Protein domain(s) affected	Second LIM domain	Multiple	Multiple	HD	Multiple	Loss of carboxyl terminus
Protein domains: Multiple = multiple domains affected or deleted resulting in an inactivated gene function; HD = homeodomain.						

Respiratory distress was observed in both patients characterized with *LHX3* T194R mutations. This has been seen before with some *LHX3* patients [14]. Mutations in genes encoding other pituitary transcription factors such as *LHX4* and *PROP1* have been shown to cause defects in lung development and respiratory distress syndrome symptoms in mouse models [25, 26] and in human patients with *PIT-1* gene mutations [e.g. 27]. In a mouse *PROP1* deficiency model, pituitary hormone deficiencies (especially perhaps the thyroid axis hormones) lead to lower levels of the *NKX2.1/TITF1* transcription factor, atelectasis of the lungs, and reduced lung surfactant, resulting in respiratory distress syndrome [26]. Interestingly, these phenotypes vary significantly depending on the genetic background [26]. In the patients described here, the genetic background may perhaps have promoted or exacerbated the respiratory distress associated with the *LHX3* mutation.

The index patient (IV4) described here initially presented with a deficiency of all anterior pituitary hormones except ACTH. However, within about 1 year, ACTH deficiency developed. Some other forms of *LHX3* mutations have also been associated with ACTH defi-

ciencies, whereas others have not [13–18]. It is clear therefore that patients with *LHX3*-associated CPHD should be monitored for evolving ACTH axis deficiencies during childhood and as adults, as have been similarly described for mutations in the gene encoding the *PROP1* homeodomain transcription factor [e.g. 28].

The striking conservation of the threonine at position 194 in human *LHX3a* in all known *LHX3/LIM3* proteins and in other human LIM-HD factors (fig. 2) suggests that it is critical to the function of LIM-HD class transcription factors. Indeed, it is part of the amino acid sequence ‘signature’ that defines the LIM subclass of homeodomain proteins [29]. This residue is predicted to lie at the end of the second helix of the homeodomain and the equivalent amino acid in many other homeodomains is often also a threonine (e.g. in *PITX2*, *PROP1*, *PAX4*) or an isoleucine or leucine residue (e.g. in *POU* factors such as *PIT1/POU1F1*, in NK class homeodomains, and in many of the *HOX* proteins) [29]. Intriguingly, several homeodomain proteins have been experimentally altered at this equivalent position (e.g. by changing a leucine to a proline) to generate non-DNA-binding derivatives that can act as dominant negative



<i>LHX3</i> gene deletion (Pfäffle et al. [17])	p.K50Ter (Rajab et al. [18])	Intragenic deletion of 3,088 bp (Rajab et al. [18])	A → G splice mutation in intron 3 (Kristrom et al. [15])	p.R77Ter (Bonfig et al. [14])	p.T194R (this study)
GH, TSH, PRL, LH, FSH	GH, TSH, PRL, LH, FSH, ACTH	GH, TSH, PRL, LH, FSH, ACTH	GH, TSH, PRL, LH, FSH, ACTH	GH, TSH, PRL, LH, FSH, ACTH	GH, TSH, PRL, LH, FSH, ACTH
Severely hypoplastic/aplastic	Hypoplastic	Hypoplastic	Aplastic/hypoplastic (sometimes cysts)	Hypoplastic	Hypoplastic (possible cyst)
Limited	Limited	Limited	Limited	Limited	Limited
Not reported	Sensorineural deafness	Sensorineural hearing defect	Sensorineural hearing defect	Sensorineural hearing defect	Sensorineural hearing defect
Psychomotor development is severely retarded	Not reported	Some learning difficulties	Not reported	Not reported	Not reported
Complete gene deletion	Nonsense mutation in exon 2	Deletion of exons 2–5	A → G splice acceptor mutation in intron 3	Nonsense mutation in exon 2	Missense mutation in exon 4
Multiple	Multiple	Multiple	Multiple	Multiple	HD

proteins in overexpression experiments to probe the role of the endogenous homeodomain factor. Such approaches have been especially pursued with other developmental proteins such as NKX2.5 and MIX1 [30, 31]. In these experiments, it is thought that overexpression of the altered protein can titrate essential cofactor proteins away from the endogenous factor and thereby interfere with its normal activity. In the case of the patients described in this report, it appears that the T194R LHX3 protein has lost DNA-binding ability, consistent with observations of alteration of this position in other homeodomain proteins such as MIX1 [31]. However, the 'T194R' mutation in *LHX3* appears to act in a simple recessive fashion, rather than in a dominant negative mode, with heterozygous individuals in the family not demonstrating affected symptoms. This is consistent with the previously described phenotypes of heterozygous and homozygous *LHX3* patients and experimental *Lhx3* model animals.

This report describes the first example of a missense mutation in exon IV of the *LHX3* gene. The alteration of an essential amino acid in the DNA-binding domain provides a clear example of structure/function conse-

quences of *LHX3* mutations. To date, a range of mutations affecting the *LHX3* gene and its encoded protein have been described (table 2). These include deletions that remove all or most of the gene, splice site mutations that are predicted to block gene function, missense point mutations that cause critical amino acid substitutions, or nonsense mutations that cause inactivating truncations of the protein, and nonsense mutations that result in loss of the carboxyl terminus (W224Ter) [13–18]. Mutations that impact the overall function of the gene or protein appear to result in diseases affecting both pituitary gland development and physiology and the nervous systems (causing limited neck rotation, deafness, developmental delay, etc.). The T194R mutation described here falls into this class. Similarly, the A210V missense mutation apparently also results in an inactive LHX3 protein; however, unlike the T194R form, this substitution does retain some slight DNA-binding function [17]. The A210V patients were not all described to have ACTH axis deficiencies [17], but whether this reflects the nature of the mutation or an influence of genetic background is unclear. These phenotypes suggest that the LIM domains and homeodomain are required

for all LHX3 functions. However, the carboxyl terminus of LHX3 contains an activation domain that is required for pituitary gene activation [32], and patients and mouse models of CPHD with mutations causing specific loss of the carboxyl terminus of the LHX3 protein have pituitary disease but not the limited neck rotation or other nervous system symptoms, demonstrating that the roles in the pituitary and nervous system are molecularly separable [12, 17].

In summary, this study expands the range of known molecular defects in the *LHX3* gene and extends our

understanding of the phenotypic features and developmental disease course associated with mutations in this gene.

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